



# ENERGY RESET EVENING WITH YOGA, BREATHWORK AND SOUND



SATURDAY  
10.01.2026  
18:00-21:00  
£45 PER  
PERSON



THE BLACK  
BARN AT  
ROUNDWOOD  
SO21 3BA



[www.thelittleyogacompany.com](http://www.thelittleyogacompany.com)  
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